

詩歌選集第 580 首

580 【當你經過試煉】

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(一) 當你經過試煉，茫然無所從，你心絕望，以為什麼都失蹤；就當數主祝福，當一一的數，你就要希奇祂曾如何眷顧。數主祝福！要一一的數！記看祂曾如何眷顧你！數主祝福！要一一的數！你就要希奇祂曾如何愛你。

(二) 當你有所挂慮，如同挑重擔，覺得你所負的十架苦難堪，你若數主祝福，疑惑要消散，並要不止住的歡樂和頌贊。數主祝福！要一一的數！記看祂曾如何眷顧你！數主祝福！要一一的數！你就要希奇祂曾如何愛你。

(三) 當你看見別人屬世的亨通，你若念主應許，心就不會動；你所受的祝福，原來無處買，你有了父的家，又有主的愛。數主祝福！要一一的數！記看祂曾如何眷顧你！數主祝福！要一一的數！你就要希奇祂曾如何愛你。

(四) 所以，無論遇見大小的試探，不必灰心，萬事總有主承擔，你若數主祝福，天使要來臨，伺候你，服侍你，直到你路盡。數主祝福！要一一的數！記看祂曾如何眷顧你！數主祝福！要一一的數！你就要希奇祂曾如何愛你。

(1) When upon life's billows you are tempest tossed, when you are discouraged, thinking all is lost, count your many blessings name them one by one, and it will surprise you what the Lord hath done. count your blessings, name them one by one; count your blessings, see what God hath done; count your blessings, name them one by one, and it will surprise you what the Lord hath done.

(2) Are you ever burdened with a load of care? does the cross seem heavy you are called to bear? count your many blessings, every doubt will fly, and you will be singing as the days go by. count your blessings, name them one by one; count your blessings, see what God hath done; count your blessings, name them one by one, and it will surprise you what the Lord hath done.

(3) When you look at others with their lands and gold, think that Christ has promised you His wealth untold. count your many blessings, money cannot buy your reward in heaven, nor your Lord on high. count your blessings, name them one by one; count your blessings, see what God hath done; count your blessings, name them one by one, and it will surprise you what the Lord hath done.

(4) So amid the conflict, whether great or small, do not be discouraged, God is over all; count your many blessings, angels will attend, help and comfort give you to your journey's end. count your blessings, name them one by one; count your blessings, see what God hath done; count your blessings, name them one by one, and it will surprise you what the Lord hath done.

這首詩是衛理公會的牧師奧提曼·詹森

(Rev. Johnson Oatman)所作，由于奧提曼牧師因多年牧養教會，但發現原來會友的靈命軟弱，愛主的心不冷不熱，就是因為他們不曉得計算主恩，忘記了神過去的恩典，忘記神的慈愛，也忘記祂的信實與帶領，于是奧提曼牧師便寫下這首詩，用來激勵會友，提醒他們要勞勞記住神的恩典，不可遺忘，反而樣樣都要數，并且都要記清楚，這樣我們奔走天路，才會如鷹展翅上騰，而力上加力，歡喜雀躍。這詩的作曲者是厄克斯

(Edwin O. Excell),他生於 1857 年，家境非常清寒，由于出身勞工之家，從小就要從事于泥水工的工作，但是上帝却賦予他與生俱來特殊的音樂才華，使他能够一面做苦工，一面唱歌創作音樂，大大的減輕了工作的辛苦。由于他心靈歡暢，充滿樂歌，所以創作了許多美好的作品；并且，他也關心兒童福音工作，創作了不少兒童詩歌；甚至他唱起歌來，好像一位天使，在向全人類述說神無比的慈愛與恩典，許多人都被他的歌聲感動，而且願意悔改、決志跟隨主。而他創作的這首計算恩典，就是他所有的作品當中，最具有代表性的聖詩之一。數算主恩這首詩歌，就是這兩位屬靈前輩心血結晶，也是他們從親身的經歷中所產生出的杰作。奧提曼牧師因關心會友的靈命，因為愛，而寫下了令人振奮的詩；厄克斯雖出生卑微，却反而更加感恩，才能創作了如此動人的作品，因此我們更是應該要知福惜福、知恩感恩，用生命來經歷神，并且好好計算神的恩典，這便是我們的責任。 John Oatman, Jr.

